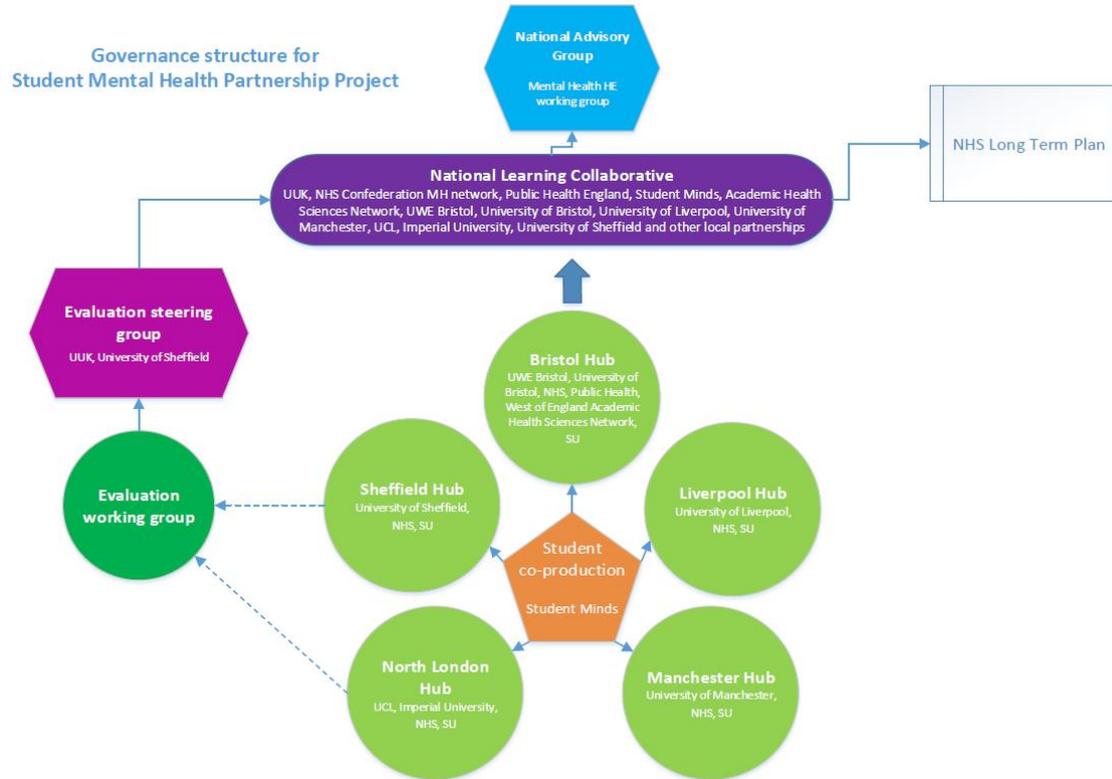


Student mental health hub and Bristol NHS/HE Liaison Forum

Dave Sibley, Liz Kearton, Lizzie Johnson, Nathan
Wallbank.

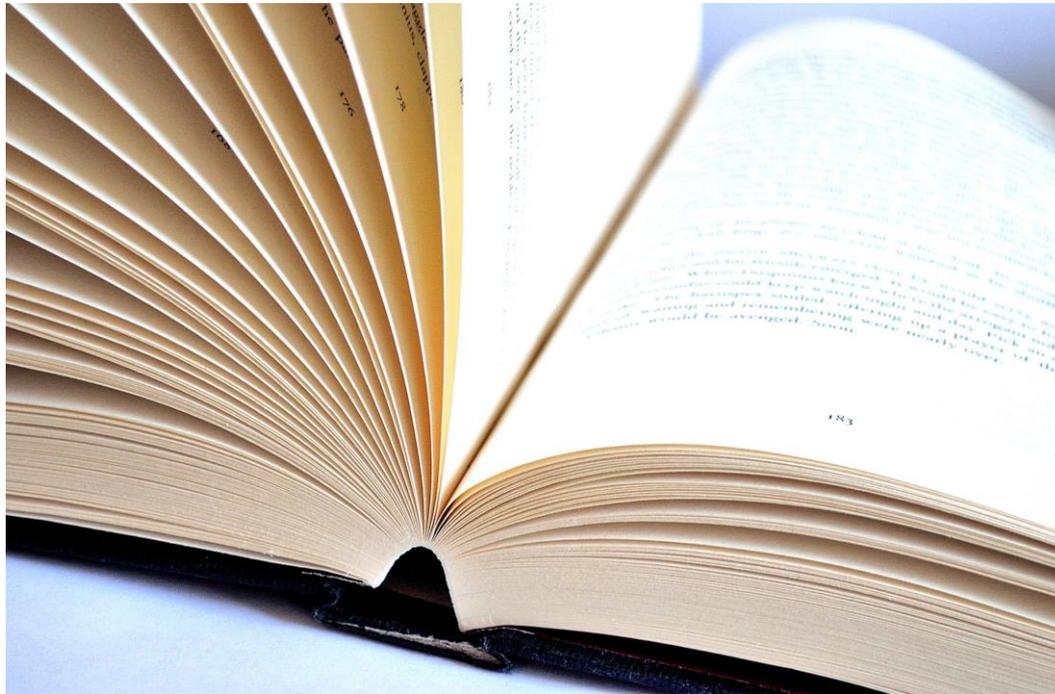
NHS Partnership project



What students are telling us?

- ‘I have been back and forth with assessments and it's exhausting. I now have a care coordinator which should help but I don't know if it will, given how things have gone previously.’
- ‘Communication was very poor between services. I was left for a significant amount of time with no support despite my care coordinator from home contacting and arranging a care transfer before I began uni..... Every uni service I saw told me I needed the support of NHS secondary services, however these refused to see me so I was very much stuck and felt like I could not be helped.’
- ‘The response and availability has been quick, helpful and very responsive. My only real critique would be the confusing amount/diversity among services and ways of contacting them which makes it hard to know where to go and who to contact’

The story of the Bristol NHS/HE Liaison Forum.



In August 2018 the NHS/HE Liaison Forum was formed.

The “Bristol HE and NHS Practice Liaison Forum” is a meeting of professionals from the University of Bristol, University of the West of England and staff from NHS primary and secondary mental health services. It focuses on solving operational issues such as liaison and collaboration between services, referral pathways and sharing knowledge and research to co-create a better understanding of the needs of this population locally.

Key challenges

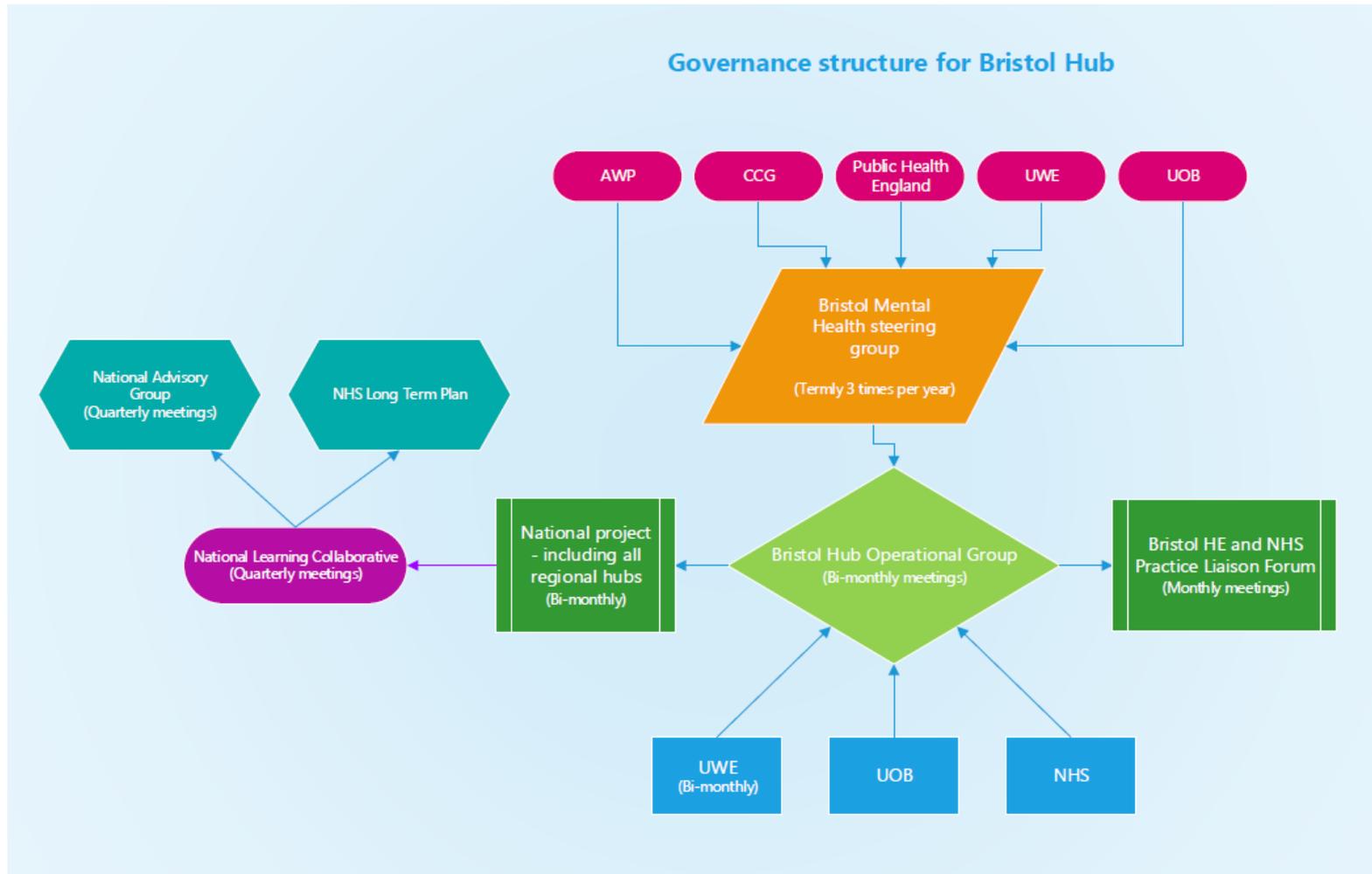
- Capacity and threshold of NHS services
- Managing collaboration between services
- Getting the key people involved at strategic, operational and practice levels

Key Successes

- Creating a momentum
- Feeding into the Public Health student mental health needs assessment
- Continuing to meet termly with commitment from all services
- Developing understanding of how each other's services work
- NHS named student leads in mental health teams and Student Packs in the Triage team
- Creating shadowing opportunities across teams for practitioners to understand service provision and students needs
- Developing relationships
- UWE winning the Office of Students bid in 'Student Mental Health Partnerships'

NHS/HE Liaison Forum top five priorities

1. **Information sharing** – gaining a better understand of HE and NHS support available and how they work together
2. **Pathways and infrastructure** – creating a bespoke student referral and care pathway
3. **Language and culture** – establishing common language around risk and referrals
4. **Research** – around the student's experience of care pathways, and consistency with NHS and referral data
5. **Student engagement** – creation of a student experience forum



What we have learnt so far?

- For collaboration to work the relationships between staff are key
- Recognise that to make the step change we must work together (all services alongside students)
- Importance of getting the key people involved at strategic, operational and practice levels with correct governance structures
- Creating momentum