

South West Clinical Senate Council Meeting

18th July 2019, 9.00am– 15.00 pm, Taunton Rugby Football Ground, Chair: Dr Sally Pearson

<i>How can healthcare services and universities work together with students to improve their mental health and wellbeing, preventing university student suicide in the South West?</i>			
09.00-09.30		<i>Arrival – refreshments available</i>	
09.30-09.45	1	Suicide and Student Access to Mental Health Services in the South West	Dr Richard Laugharne, Consultant Psychiatrist, Cornwall Partnership Trust and RCP Clinical Lead, and Dr Paul Winterbottom, Consultant Psychiatrist
09.45-10.05	2	Suicide Prevention Programme in the South West – Epidemiology Context	Vikki Cochran, South West Clinical Network lead for suicide prevention
10.05-10.35	3	Suicide prevention audit and strategies Mental health needs assessment and priorities identified (Sarah Woodhall) Student mental health hub and NHS/HE Liaison Forum (Dave Sibley)	Joanna McLaughlin, Georgina Angel, Sarah Woodhall, Registrars, Public Health England and Dave Sibley, Counsellor, Supervisor and Lead for the Mental Health Advisory Service
10.35-11.05	4	StudentCRT – award-winning student wellbeing monitor and early-warning system	Andrew Markwick, University of Manchester
11.05-11.25		Coffee Break	
11.25-11.45	5	The role of universities in student mental health and wellbeing	Professor Steve West, Chair WEAHSN and Vice Chancellor, UWE
11.45-12.15	6	Experiences from student GP Practices Exeter University’s new Community Mental Health Team	Dr Jo Neumegen, Student Health Centre, St Thomas Medical Group Chris Dickens, Professor of Psychological Medicine & Mental Health Research Group Lead, University of Exeter
12.15-12.40	7	Public perspective	Lee Fryatt
12.40-12.55	8	Existing Recommendations	Ursula Dunn, Senior Clinical Delivery Manager, Mental Health Team, NHSE
12.55-13.35		Lunch	
13.35-14.30	9	Groupwork	
14.30-15.00	10	Discussion & Development of Recommendations	All

Pre-Reading:

1. Student Mental Health and Wellbeing in Higher Education, Good Practice Guide, Universities UK <https://www.universitiesuk.ac.uk/policy-and-analysis/reports/Documents/2015/student-mental-wellbeing-in-he.pdf>
2. Suicide Safer Universities, Paprus and Universities UK, 2018 <https://issuu.com/universitiesuk/docs/guidance-for-sector-practitioners-o/1?ff&e=15132110/64400960>
3. Minding Our Future, Universities UK <https://www.universitiesuk.ac.uk/policy-and-analysis/reports/Documents/2018/minding-our-future-starting-conversation-student-mental-health.pdf>
4. Suicide by Children and Young People, Manchester University, July 2017 <http://documents.manchester.ac.uk/display.aspx?DocID=37566>
5. Step Change Framework <https://www.universitiesuk.ac.uk/policy-and-analysis/stepchange/Pages/default.aspx>
6. GMC article – 25th May 2019 or <https://www.bbc.co.uk/news/uk-england-bristol-48190066>
7. Perspectives in Public Health Peer Review, Holt & Powell, 2016 (shared as an attachment)
8. Health Needs of the Student Population – Holt and Powell 2017 (slides shared as an attachment)
9. New Developments in evidence and guidance for suicide prevention at transition from school to further and higher education, PHE, November 2017 (slides shared as an attachment)
10. Draft Healthwatch North Somerset Report: Young People and Mental Health 2019 (shared as an attachment)
11. NHS Partnership Project (slides shared as an attachment)
12. Mental Wealth First, UWE, 2019 (slides shared as an attachment)

Agenda
South West Clinical Senate Business Meeting
18th July 2019, 3-4pm
Chair: Dr Sally Pearson

3.00-3.10		<i>Coffee</i>	
3.10- 3.25	1	Welcome & Senate Update (Topics, reviews & membership)	Dr Sally Pearson and Ellie Devine
3.25-4.00	2	Multiple Site Single Service Models of Care - a clinical framework for senates to use when assessing MSSS models	Matt Day (Senate Council member) and Remi Popoola (Senate Clinical Fellow), East Midlands Clinical Senate

Dates for your diary 2019

Thursday 19th September

Thursday 28th November

Dates for your diary 2020

Thursday 16th January

Thursday 26th March 2020 – 6th Annual Conference

Thursday 21st May

Thursday 16th July

Thursday 24th September

Thursday 26th November